

	<p style="text-align: center;"><b>Health Select Committee</b> 20<sup>th</sup> October 2009</p> <p style="text-align: center;"><b>Report from the Director of Policy &amp; Regeneration</b></p>
For Action	Wards Affected: ALL
<p style="text-align: center;"><b>Smoking Cessation Update</b></p>	

## 1.0 Summary

- 1.1 The Health Select has asked for an update on the smoking cessation service in Brent. Smoking cessation is a crucial element of NHS Brent's strategic goal to promote good health and prevent ill health. There has been significant reinvestment in the service following a reduction of funding during PCT turnaround. The Health Select Committee has agreed previously to monitor progress of the smoking cessation programme because of its importance to the health of people in Brent.
- 1.2 NHS Brent has provided a brief update on the performance of the service in the first half of 2009/10. To put this in context, performance in 2008/09 had been below target. There were 734 four week quitters using NHS services against a target of 1756. Performance in 2009/10 shows that:
- The level of 4 week quits in the first quarter of 2009/10 is at 55% of the planned number (222, against an annual target of 2022).
  - The number of people registering with the smoking cessation service is 1304 for the first two quarters of 2009/10, against a target for the same period of 1930.
- 1.3 It should be noted that NHS Brent have profiled the target for 4 week quitters to show an increase in quitters towards the end of the year, to take into account initiatives that will be introduced during 2009/10. The Health Select Committee should question officers from NHS Brent on those initiatives and how they will contribute to an increase in the number of people giving up smoking.

1.4 Because of the importance of this service and the impact it has on people's health, it is suggested that an update report becomes a standing item on the Health Select Committee agenda so that members can be kept informed of progress in achieving the smoking cessation targets.

## **2.0 Recommendations**

2.1 It is recommended that members of the Health Select Committee question officers on the progress in meeting the smoking cessation targets for 2009/10.

2.2 Members are also asked to endorse the proposal that smoking cessation updates should become a standing item on the Health Select Committee agenda.

## **3.0 Financial Implications**

3.1 None

## **4.0 Legal Implications**

4.1 None

## **5.0 Diversity Implications**

5.1 None

## **6.0 Staffing/Accommodation Implications (if appropriate)**

6.1 None

## **Background Papers**

## **Contact Officers**

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